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Institute of Psychological Health
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Course Summary

- ✦ Understand Complex Trauma
- ✦ Characteristics Of Traumatic Memories
- ✦ Understand Dissociation
- ✦ Phase-oriented Treatment Approach
- ✦ EMDR
- ✦ Child Attachment & Complex Trauma
- ✦ Case Conceptualization & Treatment Strategy
- ✦ Applying Attachment Theory In EMDR

Day 1 Outline

- I. Overview Of Complex Trauma
 - ✦ Definitions & Symptoms
 - ✦ Traumatic/Pathogenic Memories
- II. Attachment & Complex Trauma
 - ✦ Attachment & Self-concept
 - ✦ Attachment & Self-regulation
- III. Overview Of Dissociation
 - ✦ Facts About Dissociation
 - ✦ Theories Of Dissociation
 1. Structural Dissociation Of Personality
 2. Ego States Theory

Day 2 Outline

- I. Assessment Tools For Dissociation
 - ✦ Dissociative Experience Scale
 - ✦ Multidimensional Inventory Of Dissociation
- II. Phased-oriented Treatment Approach
 - ✦ Preparation & Stabilization
 - ✦ Stabilization Exercise:
 1. Pros & Cons Of Meditation
 2. Memory Container Exercise
 - ✦ Management of Dissociation:
 1. Meeting Place Or Dissociative Table Technique
 2. Working On Defences: Transformation & Updating
- III. Eye Movement Desensitization & Reprocessing
 - ✦ 8 Phases Of Standard Protocol Of EMDR
 1. Adaptive Information Processing Model
 2. Memory Reconsolidation
 3. Treatment Goal & Sequence

COMPLEX TRAUMA
複雜創傷

DISSOCIATION
解離症

EMDR PSYCHOTHERAPY FOR COMPLEX TRAUMA AND DISSOCIATION –

ADVANCED CERTIFICATE COURSE

眼動脫敏心理治療：複雜創傷與解離症- 高級證書課程

Trainer: Dr Maggie Poon, Psy.D.

Registered Clinical Psychologist in Hong Kong

Dates: Mar 12-13, 2022, 9:30am-5:00pm

Format: Online - Zoom Webinar (conducted in Chinese language)

About the Trainer

Maggie Wai-ling POON, Psy.D., is a Registered Clinical Psychologist in Hong Kong. Dr Poon is an EMDR International Association Approved Consultant in EMDR. She had worked in a public welfare organization for 21 years prior to her current practice in the independent private sector. She is an experienced trainer and has presented in many conferences.

Accreditation (CE/CNE/CPD)

This 2-day webinar has been recognized by various professional bodies as continued education activities:

- ✦ The Nursing Council of Hong Kong (CNE 12pts approved)
- ✦ Social Workers Registration Board (CE 12pts approved)
- ✦ Hong Kong Institute of Clinical Psychologists (HKICP CPD-CP 12pts pending)
- ✦ Hong Kong Psychological Society Division of Clinical Psychologists (CE 12pts pending)
- ✦ Hong Kong Psychological Society Division of Counselling Psychologists (CE 12pts pending)
- ✦ Hong Kong Psychological Society Division of Educational Psychologists (CE 12pts pending)
- ✦ Credits from EMDRIA for those who have completed at least Level one EMDR basic training (pending)

Registration Form (to be received by Mar 5, 2022)

- 1) To register, please complete the following registration data and WhatsApp to (+852)55791101 with your proof of payment
Payment: HK\$3400, by bank transfer to Hang Seng Bank (83 Des Voeux Road Central, Hong Kong; SWIFT:HASE HKHH)
Account Name: Psychological Health Company Limited; Account #: 239-449911-883; FPS: FPS ID: 1541143
- 2) Mailing address: Suite 1201, 54-58 Des Veu Road Central, Central, Hong Kong
- 3) For inquiry, please contact Ms. Dan on Tel/WhatsApp: (+852)55791101; email: psyhatraining@gmail.com; course site:www.ipsyh.com/emdrc

*Full Name: (CN) _____ (ENG) _____ *Gender: M F
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 *Mailing Address _____
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 EMDR Basic Training (if any):
 Level 1 Date _____ Location _____ Instructor _____
 Level 2 Date _____ Location _____ Instructor _____

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